



TWO – DAY BASIC PEER SUPPORT TRAINING FOR PUBLIC SAFETY PERSONNEL

IN PARTNERSHIP WITH THE CHINO POLICE DEPARTMENT

OVERVIEW

This course is designed to provide public safety peer support team members the basic knowledge and skills necessary to provide support, guidance and resources to their peers during difficult times in their personal and professional lives.

Topics will include:

- Stress, Burnout and Anger
- Traumas of public safety
- Trauma listening
- Crisis intervention
- Relationship stress and Infidelity
- Death and traumatic loss
- Mental health issues such as depression, anxiety & PTSD
- Line of duty deaths
- Public safety suicide
- Organizational stress & toxic personalities
- Substance abuse
- Building resiliency in members of peer support

PRESENTER

Dr. Heather Williams, Premier First Responder Psychological Services

The class will be presented by Dr. Heather Williams. Dr. Williams was formally the Regional Peer Support Coordinator of the Orange County Sheriff's Department. She coordinated the OCSO Peer Support Team, responded to critical incidents and facilitates a modified critical incident debriefing model countywide.

In the aftermath of an active shooter event in Seal Beach, CA she co-founded the Orange County Association of Peer Supporters (OCAPS), which functions as peer support mutual aid.

WAYS TO REGISTER

1. Visit: www.EmbassyConsultingServices.com/register
 - a. Under the list of upcoming classes, click on Two-Day Basic Peer Support Training for Public Safety Personnel, April 7th & 8th, 2020, complete the booking form and online payment information
 - b. Send an email to jillian@embassycs.com or call 714-292-3321 to register and request to be invoiced or to pay by credit card over the phone

- DATE -

Tuesday, April 7, 2020
&
Wednesday, April 8, 2020

- TIME -

8:00 am to 5:00 pm

- LOCATION -

Chino Police Department
5450 Guardian Way
Chino, CA 91710

- TUITION -

\$225.00

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