

D-*PREP* Presents

Peer Support - Basic Course

24 hours / Three days / Tuition \$330

**POST Certified: Plan IV
POST Course #7290-22650-20003**

STC Cert.# 887-70918

DATE & TIME: September 28 - 30, 2020 Mon. – Wed. 0800-1700 Hrs.
* Hosted by Tulare County Sheriff's Department *

LOCATION: Tulare County Sheriff's Department
Training Room
833 So. Akers Street
Visalia, CA, 93277

DESCRIPTION: A three (3) day course designed as a skills building module for the new peer support team member. The course will provide a comprehensive review of peer support best practices along with in-depth discussions on some of the new concepts in this critical area. Presented from the practitioner's perspective through interactive discussion, practical exercises and specific case studies examining real challenges peer supporters have faced when supporting others. Our experienced instructors have extensive experience in the very relevant disciplines of trauma recovery, program building, and many years of experience across the country. This is a great opportunity to learn new and best practices of contemporary peer support.

TOPICS: Critical Incidents & Impacts // Personality Styles // Active Listening Skills // The Development of a Peer Support Team // Dynamics of the First Responder Career // Substance Abuse Approaches // The First Responder Family Portrait // Grief Support // Assisting Relationships // Trends in Peer Support // Best Practices of Peer Support // Peer Support Responses // Trauma Retreats // Peer Support Case Studies.

REGISTRATION: Click below for Eventbrite registration:

<https://www.eventbrite.com/e/basic-peer-support-course-registration-99527613772>

Or visit our web site: www.dprep.com Or call us at 916-205-3691

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Presenters:

Jim Hyde, Co-Founder, Editor of "PeerSupportCentral.com"

Jim has 31 years of law enforcement experience with four California police departments. He is the past president of the First Responders Support Network and a co-founder of the West Coast Post-trauma Retreat (California). The WCPR is a trauma treatment program for emergency service professionals from Guam to London. Jim was the co-coordinator of the Sacramento Police Department's Peer Support Program for 14 years. He has taught and developed peer support programs for first responder agencies throughout the country for the past 25 years. He is a member of the Sacramento Regional Critical Incident Stress Debriefing Team and the International Critical Incident Stress Foundation.

For 14 years, Jim has provided trauma recovery consulting to the California National Guard by helping to develop a Peer Support Program for California soldiers deploying to and returning from the Middle East. He has worked with the Department of Defense to expand the California National Guard's Peer To Peer Program nationwide. He has twice been a presenter for the Department of Defense/VA National Suicide Prevention Conference. Jim is a graduate of the California National Guard's Officer Candidate School, later an OCS instructor, and a Combat Life Saver instructor. He is the recipient of the California National Guard's Medal of Merit and also a recipient of the Association of the United States Army's Patrick Henry Distinguished Service Award.

He has a Bachelor of Science Degree in Criminal Justice from the University of South Dakota, a Master's Degree in Clinical Psychology from the Professional School of Psychology, Sacramento. He is a graduate of the University of Southern California's Delinquency Control Institute. He is also a graduate of the Senior Management Institute for Police sponsored by the Kennedy School of Government, Harvard University and the Police Executive Research Forum. Jim is a certified Executive Coach and he is also a doctoral student studying Organizational Psychology. He teaches contemporary law enforcement issues for the State of California's Law Enforcement Executive Development Program and also the Management Development Program. Jim was a presenter at the 2012 UN Peace Conference at The Hague, Netherlands.

Susan Feenstra, Co-Founder of "PeerSupportCentral.com"

Sgt. Feenstra was one of the original founders of the Sacramento Police Department's Peer Support Program and was the Program Coordinator for 28 years. She is referred to as the "Mother Teresa of the Sacramento Police Department". She has helped guide numerous law enforcement and military organizations in building or expanding peer support programs across the country. Sgt. Feenstra has a Bachelor of Arts Degree from California State University, Sacramento.

Sgt. Feenstra is also one of the founding members of the Sacramento Police Department's Problem Oriented Policing Program. She has received numerous awards for her innovative work as a Problem Oriented Policing sergeant and officer, including a community policing award from the California Attorney General. Sgt. Feenstra is the recipient of the 2010 Sacramento Community Hero's Award and the California Molina Community Health Outreach Award for co-founding the C.A.S.H. Program, an outreach program to help women out of a life of street prostitution and drug addiction. She has received 3 Distinguished Service Medals for her program building talents over her 33 year career. Susan was named the 1995 Woman Peace Officer of the Year for California, the 1995 California Jaycee's and the YWCA's Law Enforcement Officer of the Year. She currently teaches peer support and surviving trauma courses across the country. Sgt. Feenstra is also a member of the Sacramento Regional Critical Incident Stress Debriefing Team and the International Critical Incident Stress Foundation.